



Abstinence Education Supported by Research

Those of us who urge sexual abstinence for our young people have been scorned in public debate over the years. The media, along with Planned Parenthood, has touted “Comprehensive Sex Education,” as the most effective and only practical approach to protecting our youth from a plethora of problems relating to early sexual activity such as pregnancy, sexually transmitted diseases, and psychological and spiritual effects. CareNet and other Pregnancy Resource Centers like us have stood our ground, promoting the “abstinence only” message as the only way for our youth to avert those problems that come with early sexual activity. There was a recent study, paid for by our tax dollars, that supports our position and comes at an inconvenient time for those who promote comprehensive sex education and increased government funding for Planned Parenthood.

The study was reported in the *Archives of Pediatric and Adolescence Medicine*, Vol. 164 No. 2, February 2010. It was designed to evaluate the effectiveness of abstinence-only intervention in young adolescents.

The outcome of the twenty-four month study was, “Theory-based abstinence-only interventions may have an important role in preventing adolescent sexual involvement.” The report’s findings support what CareNet has steadfastly maintained—promoting “safe sex” actually increases sexual involvement among the young.

The International Planned Parenthood Federation sent out a publication called, “Stand and Deliver” in November 2009. “IPP F works towards a world where women, men and young people everywhere have control over their own bodies, and therefore their destinies. A world where they are free to choose parenthood or not; free to decide how many children they will have and when; free to pursue healthy sexual lives without fear of unwanted pregnancies and sexually transmitted infections, including HIV.

“We must
fight for our
children”

A world where gender or sexuality are no longer a source of inequality or stigma. We will not retreat from doing everything we can to safeguard these important choices and rights for current and future generations.”

When you check out Planned Parenthood’s website: <http://plannedparenthood.org/teen-talk/> you will be horrified to find that they promote compulsory sex education for children as young as 10 years of age, which includes teaching them the “pleasures of sex.”

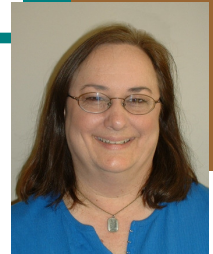
We must stay the course. We must fight for our children. As parents, we must keep abreast of what our children are being exposed to and taught. As pastors and youth pastors, we must not be afraid to teach our congregations what God says about sex and what the consequences can be when we step outside of God’s will for us in this area.

One of my college courses included reading two books that were eye openers. I highly recommend that all parents and any who works with our youth read the following books, “Epidemic: How Teen Sex is Killing Our Kids” by Meg Meeker, M.D. and “How to Talk to Your Kids About Sexuality” by David Scherrer and Linda Klepacki. These books will help equip you to teach your children to make wise choices in their lives about sex.

Our children need to be protected from those who prey on them...those who tell them they are sexual beings with rights to express this sexuality in any way they please. They need to be taught how to discern what truth is.

Help us as we help the youth of our community. Give of your time, talent, finances, and resources. You will not regret giving generously to this organization in any way. God has provided everything we have needed through you our partners!

Chris



Do you have an abortion in your past?
Are you having trouble dealing with that abortion?
CareNet is here to help you!
Our program H.O.P.E. is right for you.

Call 446-0701 and talk with
Some one who can help!

Memorials and Honorariums

In Honor

Ken Petzold
Carol Enoch

By

Denise Brison
Vincent & Elaine Conese

In Memory

Mary Scott Warwick
R. T. Martin
Mary Margaret Turner
Tom Redmon
Debbie L "Sassy" Cunningham
Sherry Willett
James Kidwell Jr.
Kenneth Conrad III
James Kidwell Jr.
Kenneth Conrad III
Wesley Felts
Jaycee Rawling
Cecil Davidson Jr.
Cecil Davidson Jr.

By

Peggy Elliott
Stan & Linda Reynolds
Mark & Kathy Brown
Mark & Kathy Brown
Bill & Mae Lankford
Bill & Peggy Elliott
Jenny Raines
Jenny Raines
Chris Russell
Chris Russell
George Goodfred
Bill Holland
Jerry & Lucy Wiley
Peggy Elliott

Instead of giving Valentine's Gifts to the employees of Hilcrest Clinic and selected friends this year, my wife and I decided to make a donation to CareNet to love the unborn in honor of...

Sandy Shelton	Brenda Sugg
Bambi Seay	Bethany Bailey
Teresa Reynolds	Beth Bruce
Tammy Schmidt	Wendy Roper
Tami Hill	Kaitlyn Mobley
Destinee Lamberth	Connie Aldridge
Krystal Mathis	Ann Gooden
Madie Milam	Kim Hardin
Jane Johnson	Nethla Shires
Robin Black	Katie Greene
Judy Fussell	

Dr. & Mrs. Dan Martin
Dr. & Mrs. Ross Van Trump
Dr. & Mrs. Mark Landis
Mr. & Mrs. Win Winegar

Phillip & Erin Chambers

"Come to me, all of you who are weary and carry heavy burdens, and I will give you rest."

Matthew 11:28, NLT

Respect! Do our Children have it?

Parents are often surprised to learn that the teenage brain is wired to take risks and push boundaries. The developing teen brain is impressionable, and the areas of the brain that foster responsibility and critical thinking are not fully developed until age 25. However, habits formed between the ages of 10-13 are more likely to stick for life than those formed during any other stage in development. We can't be afraid of this brain phenomenon; instead we must help teens take risks that are healthy! Believe it or not, **teens say parents influence their decision making more than any other source**, including friends, media, and teachers.

What is the media teaching our children about healthy opposite sex relationships? How is the media portraying marriage? CareNet wants to help our community with classes on respect and abstinence. Margaret Cole, Director of Advancement, has developed a "Respect/Abstinence" presentation for you and your teens. This is an abstinence only message. We are committed to presenting a biblical view of sex. We are not there to teach youth "safe sex." We have brought this message to over 100 individuals in our community. We invite parents and youth to learn in this process together. However, during this presentation we do break into groups, separating the parents from their teens, and the boys from the girls. This allows the teens to freely communicate without the embarrassment of a parent or someone of the opposite sex being in the room.

For more information call **CareNet** at 615-446-0701. **Better yet**, book your youth group workshop today!



Hold a Change for Life Campaign

Have your church, business, organization, or school hand out baby bottles so that people have the opportunity to fill them with change, bills, or checks. Then bring filled bottles to CareNet.

Have a Baby Shower

Hold a shower for CareNet and bring us the items you collected.

Join our prayer warriors & pray for our needs.

Become a monthly donor.

Volunteer your time twice a month.

Purchase plants and update our landscaping.

Donate your old TV cabinet for the store.

One Life at a Time

(Jan-March)

All client visits.....	119
New clients.....	35
Return visits.....	84

Pregnancy Tests

(Jan—March)

Positive.....	28
Negative.....	7

Ultrasounds Performed

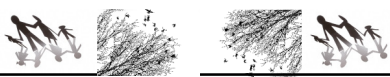
(Jan— March)

Clients.....	11
Models	13

Volunteer Hours

(Jan- March)

629.25



Client Quote

" I think CareNet is a wonderful place. I would definitely refer someone in my situation to come here!"

Needs:

Monetary donations for:

- New Washer & Dryer/ (\$1,500)
- 2 New Flat Screen TVs
- Flat screen monitor for ultrasound (\$500)
- Clothing Racks for Store
- Cash Register for Store

Labor Needs:

- Paint lines in Parking lot
- Fix & seal exterior walls

Volunteer Needs:

- Encourage someone to choose life
- We need people who love talking on the phone

Step out with us this year: Walk the Walk

LifeWalk 2010

Saturday, April 24th

8:00 a.m. Team Registration & Individual Registration begins @ **The Discovery School**
9 a.m. Walk around Luther Lake Begins

It's easy! It's fun! And anyone can do it!

The **LifeWalk** is a simple way for people of all ages to actively demonstrate support for the Sanctity of Human Life and a desire to make a difference in the lives of men, women, and their babies. This 2-mile walk will take less than 90 minutes of your time, but its effect could literally last a lifetime. When you put your feet to your convictions and Walk for Life you are directly helping the ministry of CareNet advance its mission to impact and transform people with the love of Christ.

The funds raised from this year's LifeWalk will help continue life saving programs that impact hundreds of individuals within our community. These **complimentary** services include:

- | | |
|--|-------------------------|
| * Help line 1-800-395-HELP | * Medical ultrasounds |
| * Complimentary pregnancy tests & counseling | * Abstinence education |
| * Maternity & baby clothes | * Abortion alternatives |
| * Post abortion peer counseling | * Prenatal information |

You can register on line at www.friendsofcarenet.net

"America you are beautiful . . . and blessed . . . The ultimate test of your greatness is the way you treat every human being, but especially the weakest and most defenseless. If you want equal justice for all and true freedom and lasting peace, then America, defend life."

Pope John Paul II

Standing In The Gap

Hello, my name is Elaine Conese. I am the board chairman for CareNet. You are invited to join me on this somewhat convoluted tale, based on a true story, laced together with the threads of God's love and grace. My experience with CareNet began approximately 15 years ago when a friend from my church invited me to attend a baby shower at CareNet. This was the first time I had ever heard about CareNet, and what followed was the beginning of a blessed journey that has traveled through just about every area of their ministry: from regular volunteer duties, to church liaison, then to abstinence education coordinator and board member, on to client advocate to now. **WHEW!**



It has provided a first hand opportunity to see God's faithfulness on this ministry through the years, witnessing lives that have been saved and seeing lives that are changed forever, all for His glory.

Today, fifteen years later, as I listen to each woman share her personal story and the emotional turmoil experienced from their unplanned pregnancy, I am, for a moment, returned to a time forty years ago when I, too, was in the same situation. For many of them, this is a time of desperate loneliness and the need for a friend to understand their insecurities. CareNet is that friend... ready to stand in the gap... to shoulder up... to come alongside these women with the support they need, energized by the love of Christ.

What a privilege to serve in this ministry for God's glory.

And, guess what.....

The Trip's not over yet!



Pregnancy Medical Center
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Dickson, TN 37056

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Return Service Requested



LoRita's Open Door...where are we?

We are working very hard to get our specialized boutique, LoRita's Open Door, open for business. Many groups and individuals came to donate their time, talent, and monies to this endeavor.

City Codes Department did a walk through just to make sure that what we have done so far will pass the final inspection and we can "occupy" that floor.

So, what exactly do we need? First and foremost we need your prayers. We know that this "boutique" will help our community, because the children's clothing, maternity clothing, and baby items will be priced so that those who are affected by this down economy will be blessed; those mothers who chose life for their baby will be blessed, and CareNet will benefit from the money brought in.

Second, we are in need of "experts" who can put in trim and handicapped bars, finish the inside painting, paint lines in our parking lot, and caulk a door and some trim. We are also in need of old television cabinets and bookshelves that we can "repurpose" and place in the store. If you can help in any way, please call Doris at 446-0701.



*A specialized boutique
that will help the commu-
nity, women who chose life
for their children, and
CareNet.*

Mission Statement

CareNet believes in the sanctity of human life. We are a service organization committed to dramatically reducing the number of lives lost to or harmed by abortion. We offer abortion alternatives, evangelism, post-abortion healing, and promote sexual purity.

<p>Board of Directors</p> <p>Elaine Conese <i>Chairman</i> Janice Evans <i>Secretary</i> Nathan Russell, FPN <i>Member</i> Joyce Turman <i>Member</i> Hollye Clardy, RN <i>Vice Chairman</i> Donnie Craig <i>Treasurer</i></p>	<p>Staff</p> <p>Chris Russell <i>CEO/Founding Member</i> Margaret Cole <i>Director of Advancement</i> Doris Collins <i>Administrative Assistant</i> Esther Mollenhour <i>Client Services Director</i> Ginger Cavender <i>Nurse Manager, RN BSN</i> Diana Erwin <i>Client Services</i></p>	<p>Medical Director Dr. Tom Miller</p> <p>Ultrasound Reader Dr. Julie Perrigin</p>
<p>Volunteers</p> <p>Helen Cary RN Elaine Conese Julia Bennett Sherrie Spencer RN Kay Street Shelby Sutton Jan Phillips Lois Wehman Dalton Turner</p> <p>Stacy Rachels Anita Russell Judy Spencer Christine Coles Cindy Kubicek Joyce Turman Sallie Bradby</p>	<p>Internet</p> <p>Http://www.FriendsofCareNet.net</p> <p>Join our Cause on </p> <p>E-Mail: Carenettn@bellsouth.net</p> <p>Phone Numbers 615-446-0701 1-800-395-HELP</p>	<p>CareNet is affiliated with the following organizations:</p> <p></p> <p> NORTH AMERICAN MISSION BOARD</p> <p> OptionLine 800-395-HELP Phone or email 24/7</p> <p> NATIONAL INSTITUTE of FAMILY & LIFE ADVOCATES</p>